

Booking Form:

Please fill in this page, detach it (or copy) – then send to:

Mrs Kate Carter, PEFocus, Fitzroy House, Fitzroy Road, Fleet, HANTS GU51 4JW

or email your info (see below for all we need) to: kate.pefocus@btinternet.com

Date	Venue	Tutor	Course code	No of places
OCR AS and A2 Coursework/Practical				
Fri 17 June	Central London conference venue	Ken	1a	
Thurs 23 June	Rugby School, Warwickshire (excellent road & rail links)	Ken	1b	
OCR AS G451 Theory – NEW!				
Weds 15 June	Central London conference venue	Sarah	2a	
Tues 28 June	Bristol – Aztec Hotel & Spa (5 mins M4-M5 / 2 miles Bristol Parkway station)	Sarah	2b	
OCR AS Anatomy & Physiology				
Fri 17 June	Central London conference venue	Graham	3	
OCR AS Socio-Cultural Studies				
Thurs 23 June	Rugby School, Warwickshire (excellent road & rail links)	Sarah	4	
OCR A2 G453 Theory – NEW!				
Thurs 23 June	Rugby School, Warwickshire (excellent road & rail links)	Graham	5	
OCR A2 Exercise Physiology				
Wed 15 June	Central London conference venue	Graham	6	
OCR A2 Biomechanics – NEW!				
Wed 22 June	Rugby School, Warwickshire (excellent road & rail links)	Graham	7	
OCR A2 Historical Studies				
Wed 22 June	Rugby School, Warwickshire (excellent road & rail links)	Sarah	8	
OCR A2 Comparative Studies				
Fri 17 June	Central London conference venue	Sarah	9	

Name of delegate 1: Course code:

Name of delegate 2: Course code:

Name of delegate 3: Course code:

School/college:

Address:

.....

..... Postcode:

Your email address:

Phone numbers: (personal): (school):

Official purchase order number: (if required)

Name of contact in finance office:

Email address of contact in finance office:

- As soon your booking information arrives we'll email **confirmation** that a place has been reserved to you.
- We'll email **invoice** to finance office (unless otherwise requested) – **payment is due one month** before course.
- Having received payment and approx 10 days before your course we'll email your **joining instructions**.
- Admin/late cancellation fees may need to be charged.

Thank you for your booking!

We look forward to working with you during what we promise will be an enjoyable and productive day

June 2011



OCR AS/A2 Physical Education Teacher Courses

- AS & A2 Coursework/Practical
- AS G451 – Raising Achievement – **NEW!**
- AS Anatomy & Physiology
- AS Socio-Cultural Studies
- A2 G453 - Raising Achievement – **NEW!**
- A2 Historical Studies
- A2 Comparative Studies
- A2 Exercise and Sport Physiology
- A2 Biomechanics – **NEW!**

PEfocus courses are brilliant!
If you're teaching a new section
or are just after fresh ideas,
they are just what you need to
get you on track and moving
forward.....

Tarida Mitcham – Richard Huish College, Somerset

Great course!
Great resources!
Great tutors!
Great food!
Thanks!

Tim Valentine – Lawrence Sheriff School,
Warwickshire

One of the best courses I've been
on in years – excellent delivery
and resource CD – impressive
venue too!

Tony Blinco – Theale Green Community School,
Reading

Course outlines!



Course outlines!



<p>AS and A2 Coursework/Practical - Ken</p> <p>Focus on essentials:</p> <ul style="list-style-type: none"> - paperwork / off-site activities / DVD evidence – streamlining your efforts and meeting requirements - 'best fit' for organisation and management of practical activities in your centre - performing, coaching and officiating – who should do it and how to support it <p>EPIP (AS) and E & A (A2) :</p> <ul style="list-style-type: none"> - guidance and requirements - help with accurate assessment - standardisation activity/practice - moderation - getting ready and getting it right <p>Practical Focus:</p> <ul style="list-style-type: none"> - assessment /marking 'workshop' – accuracy and confidence with AS and A2 practical grades - strategies to improve performance & outcomes - identifying strengths and weaknesses - moderators – what do they want? 	<p>AS G451 – The Theory Paper - Sarah</p> <p>Central focus – raising achievement:</p> <ul style="list-style-type: none"> - an active, engaging and inspiring day for all, whether you teach one, two or all three sections - motivating learners, raising achievement and hitting the top grades – suggestions that can really make a difference - developing enquiring minds and thinking skills that lead to critical evaluation <p>Specification focus:</p> <ul style="list-style-type: none"> - A&P, AMS, SCS 'workshops' - ideas for accelerating classroom learning and boosting exam performance <p>Exam focus - getting 'into the head' of examiners:</p> <ul style="list-style-type: none"> - crucial G451 exam technique - the 'rules of the game' - the 10-mark question – more help / more ideas / more confidence – teaching to 'nail the criteria' - effective exam preparation
<p>AS Anatomy & Physiology - Graham</p> <p>Central focus – action, ideas, approaches, sharing & doing:</p> <ul style="list-style-type: none"> - knowledge, understanding & confidence building - ideas for dynamic teaching and learning - motivate learners with great starters, plenaries and extension tasks <p>Activities & Practicals:</p> <ul style="list-style-type: none"> - masses of inspiring ideas to enhance teaching and learning e.g. '<i>bringing graphs to life</i>' - '<i>Face to Face Facebook</i>' / '<i>Headline News</i>' <p>Consolidating and evaluating:</p> <ul style="list-style-type: none"> - 'Blogging' to personalise learning - follow up activities to 'deep process' / embed learning <p>Exam focus:</p> <ul style="list-style-type: none"> - ideas & strategies for effective exam preparation - 'rules & tactics' for 'the G451 exam - the 10-mark question – more help, ideas and confidence / effective feedback / higher grades 	<p>AS Socio-Cultural Studies - Sarah</p> <p>Central focus – action, ideas, approaches, sharing & doing:</p> <ul style="list-style-type: none"> - knowledge, understanding & confidence building - ideas for dynamic teaching and learning - motivate your learners with great starters, plenaries and extension tasks <p>Specification focus: Physical Activity, Sport and Culture, Contemporary Sporting Issues – getting the depth right with a realistic Scheme of Work</p> <p>Issues focus: varied ideas and approaches for effective delivery & successful learning of the key sporting issues</p> <p>Exam focus:</p> <ul style="list-style-type: none"> - crucial G451 exam technique - the 'rules of the game' - ideas for effective exam preparation - the 10-mark question – more help, ideas and confidence / focused feedback / higher grades
<p>A2 Historical Studies - Sarah</p> <p>Central focus:</p> <ul style="list-style-type: none"> - subject knowledge – knowing what you need to know - tasks and activities to bring historical studies to life and to engage and inspire learners - 'the next stage' or today as the basis of comparison - ideas to stretch and challenge all <p>Specification focus:</p> <ul style="list-style-type: none"> - case study focus : bathing & swimming, athletics, football, cricket and tennis - characteristics (what?) & social determinants (why?) through time <p>Exam focus:</p> <ul style="list-style-type: none"> - crucial exam technique and... - ...tactics and strategies that boost grades - workable approaches to stretch and challenge - the 20-mark question – more help and ideas 	<p>A2 Comparative Studies - Sarah</p> <p>Central focus:</p> <ul style="list-style-type: none"> - subject knowledge – knowing what you need to know - tasks and activities to engage and encourage - ideas to stretch and challenge all learners <p>Specification focus:</p> <ul style="list-style-type: none"> - UK focus as the basis of comparison - what's the same and different here and there? - why? (cultural context) <p>Case study focus: - UK (cricket, Rugby League, Rugby Union, Association football) v USA (the 'big four')</p> <ul style="list-style-type: none"> - UK v Australia (cricket, Rugby League, Rugby Union, Association football and Australian Rules) <p>Exam focus:</p> <ul style="list-style-type: none"> - improving technique and grades - rules and tactics to stretch and challenge - the 20-mark question – more help and ideas - 'nailing' the criteria

PEfocus courses are packed with powerful tips, tools and techniques. They are motivating, confidence boosting, carefully focused and enjoyable. We will give you ideas for successful teaching and learning and help you to effectively prepare candidates for their exams

<p>A2 Biomechanics - Getting set - Graham</p> <p>Central focus – 'you can do it!'</p> <ul style="list-style-type: none"> - dispelling the myth that teaching and learning biomechanics is 'too difficult' - the 'knowledge' – to ensure confidence and understanding - a highly relevant course for teachers considering teaching this enjoyable section and for those currently teaching it <p>Focus on teaching and learning:</p> <ul style="list-style-type: none"> - innovative, do-able lesson ideas that are simple, fun and effective - engaging all learning styles and abilities - 'bringing theory to life' - practical application to clarify and crystallise - simple and effective starters and plenaries <p>Exam focus:</p> <ul style="list-style-type: none"> - crucial G453 exam technique - the 20-mark question –the challenge of meeting the criteria in the biomechanics section – more help, ideas and confidence 	<p>A2 G453 – The Theory Paper - Graham</p> <p>Central Focus – raising achievement</p> <ul style="list-style-type: none"> - an active, engaging and inspiring day for all levels of experience – no matter how few or many sections you teach - balancing grade hunting and the need to gain UCAS points with enthusiasm for learning - developing analytical and evaluative skills to stretch and challenge and achieve top grades <p>Specification focus:</p> <ul style="list-style-type: none"> - Ex Phys, Sports Psych, Historical Studies – a plethora of great ideas in a range of theory areas (that can be adapted for Comparative Studies & Biomechanics) - planning and delivering effective 'Grade 1' lessons that engage and inspire - motivating learners and accelerating learning - raising achievement and boosting exam performance <p>Exam focus – what are examiners looking for?</p> <ul style="list-style-type: none"> - crucial G453 exam technique - rules and tactics - stretch and challenge towards A* - the 20-mark question – more help, ideas & confidence – 'nailing' those criteria
<p>A2 Exercise and Sport Physiology - Graham</p> <p>Focus on essentials:</p> <ul style="list-style-type: none"> - using sporting case studies to teach the EX Phys specification - activities to promote effective learning - encouraging curiosity and enquiry - ideas to help students become critical thinkers - creating inspirational resources <p>Activities & Practicals - dare to 'take a few risks'</p> <ul style="list-style-type: none"> - class debates (e.g. ergogenic aids) to develop higher order thinking - images and graphs – to provoke discussion and move learners beyond their comfort zone <p>Exam focus:</p> <ul style="list-style-type: none"> - assessment and testing – how best / how often? - providing effective support via assessment - strategies to raise standards and grades - the 20-mark question – more help, ideas & confidence 	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p>For £200 (no VAT) </p> <ul style="list-style-type: none"> ✓ Intensive course (10am - 3.30pm) ✓ Resource CD & materials pack ✓ Tutors who can and really want to help ✓ Great venue ✓ Delicious Food <p>(reductions for multiple same-course bookings)</p> </div>



Sarah van Wely – Sarah is fully involved in the examination process, is co-author of several student texts, teacher files and revision guides (Heinemann/Pearson) and produces very popular Teacher Resource Files (CDs) and other resources for all aspects of AS and A2 PE through PEFocus. 'PEpods' (revision sound files) are the latest exciting PEFocus product so students can 'revise on the go'. Sarah regularly delivers teacher workshops and student revision/study days throughout the country.



Ken Mackreth – Ken has moderated the coursework section of A Level PE since its inception so can share years of experience and insight. His objective, no-nonsense approach will leave you clear and focused about requirements, standards and strategies. He is fully involved in the examination process and co-author of several student texts, teacher files and revision guides (Heinemann/Pearson).

Graham Thompson – Graham is immersed in A Level PE on a day to day basis at The Sixth Form College, Farnborough, where he was Head of Department (Ofsted Grade 1) and is now Director of Faculty with a focus on teaching for learning and quality and standards. He has been a senior examiner for many years and is author of several A Level PE texts. He is keen to share some great teaching ideas and is a very perceptive and popular INSET tutor.