

July 2012

Physical Education AS/A2 Teacher Courses

July 3rd 4th 5th 2012
Rugby School

- AS G451 – The Theory Paper
- AS Socio-Cultural Studies
- AS OCR/AQA Acquiring Movement Skills – **NEW!**
- A2 G453 – The Theory Paper
- A2 Historical Studies
- AS & A2 Anatomy & Physiology / Sport and Exercise Physiology
- AS & A2 Coursework/Practical

“An invaluable course that really boosted my confidence... I came away full of ideas! Thank you.”

Ian Colley - Ripon Grammar School,
North Yorkshire

“An excellent course and the perfect forum to discuss teaching & learning styles. The CD resource was fantastic.”

Matt Double - Cecil Jones College,
Essex

“One of the best courses I’ve been on in years – excellent delivery and resource CD – impressive venue too!”

Tony Blinco - Theale Green Community School,
Reading

AS G451 – The Theory Paper - Sarah

Central focus: raising achievement

- an active, engaging and inspiring day - whether you teach one, two or all three sections
- motivating learners, raising achievement and hitting the top grades – suggestions that can really make a difference
- developing enquiring minds and thinking skills that lead to critical evaluation

Specification focus:

- A&P, AMS, SCS 'workshops'
- ideas for accelerating classroom learning and boosting exam performance

Exam focus - getting 'into the head' of examiners

- ideal mix of examiner insight with teaching ideas - designed to improve students' performance in all sections of the paper
- crucial G451 exam technique - rules and tactics
- **the 10-mark question** – more help, ideas and confidence – teaching to 'nail the criteria'
- effective exam preparation without sacrificing enthusiasm for learning

AS Socio-Cultural Studies - Sarah

Central focus: knowledge, action, ideas, approaches

- ideas for dynamic teaching and learning
- motivate your learners with great starters, plenaries and extension tasks
- get your questions answered

Specification focus:

- Physical Activity, Sport and Culture, Contemporary Sporting Issues – getting the depth right

Issues focus:

- ideas and approaches for effective delivery & successful learning of the key sporting issues

Exam focus:

- crucial G451 exam technique - the 'rules of the game'
- identifying where many candidates make mistakes
- ideas for effective exam preparation
- **the 10-mark question** – more help, ideas and confidence / focused feedback / higher grades
- raising a competent answer to a comprehensive one is easy!! Effective strategies to help

AS Acquiring Movement Skills - Emma

Central focus: knowledge and understanding, confidence building and teaching ideas

- an active, engaging and inspiring day for all – whether new to AMS or experienced and wanting a 'top up'
- teaching ideas from a practitioner who is at the 'chalk face' daily
- help with preparing outstanding lessons to get outstanding outcomes

Specification focus: knowledge and understanding

- the AS course in a day!!
- especially of the more 'tricky' bits – including theories of learning / links to Balanced Active and Healthy Lifestyles / motor control / information processing

Exam focus:

- crucial exam preparation and technique
- **the 10-mark question** – strategies for hitting Level 3 in the AMS question

Ken Mackreth – Ken has moderated the coursework section of A Level PE since its inception so can share years of experience and insight. His objective, no-nonsense approach will leave you clear and focused about requirements, standards and strategies. He is fully involved in the examination process and co-author of several student texts, teacher files and revision guides (Heinemann/Pearson).



Emma Stephens – Emma is a highly experienced and effective teacher of AS and A2 Level Physical Education having taught all sections of the course for several years (AQA & OCR). At her Sixth Form College, she is responsible for preparing the AMS/Sports Psych lessons and teaching materials. She is author of the PEfocus Teacher Resource File for A2 Sports Psychology and an experienced Team Leader on the examining team for a leading examination body.



Graham Thompson – Graham is fully involved with A Level PE on a day to day basis at The Sixth Form College, Farnborough, where he was Head of Department (Ofsted Grade 1) and is now Director of Faculty with a focus on 'teaching for learning' and quality and standards. He has been a senior examiner for many years and is author of several A Level PE texts. He is keen to share some great teaching ideas and is very perceptive and popular INSET tutor.



Sarah van Wely – Sarah is fully involved in the examination process and is co-author of several student texts, teacher files and revision guides (Heinemann/Pearson). Through **PEfocus** she markets her very popular **Teacher Resource Files** (CDs) for OCR AS and A2 PE. '**PEpods**' (revision sound files) are the latest exciting PEfocus product (currently available for OCR and AQA AS PE and Edexcel and OCR GCSE PE, with GCSE AQA & WJEC coming soon). With great enthusiasm, Sarah regularly delivers teacher workshops and student revision/study days throughout the country.

<p>A2 Historical Studies - Sarah</p> <p>Central focus:</p> <ul style="list-style-type: none"> - subject knowledge and understanding – knowing what you need to know - tasks and activities that really bring historical studies to life and engage and inspire learners - 'the next stage' / today as the basis for comparison - ideas to stretch and challenge all - outstanding lessons and outstanding outcomes <p>Specification focus:</p> <ul style="list-style-type: none"> - case study focus: from bathing & swimming, athletics, football, cricket and tennis - characteristics (what?) & social determinants (why?) through time <p>Exam focus:</p> <ul style="list-style-type: none"> - improving technique and grades – rules and tactics to stretch and challenge - specific requirements for A2 historical studies - the 20-mark question – 'nailing' the criteria with more help and ideas 	<p>A2 G453 – The Theory Paper - Graham</p> <p>Central focus – raising achievement</p> <ul style="list-style-type: none"> - an active, engaging and inspiring day for all levels of experience – no matter how few or many sections you teach - developing analytical and evaluative skills to stretch and challenge and achieve top grades - balancing grade hunting and the need to gain UCAS points with enthusiasm for learning - planning and delivering effective 'Grade 1' lessons that engage and inspire <p>Specification focus:</p> <ul style="list-style-type: none"> - Exercise and Sport Physiology, Sports Psychology, Historical Studies – loads of great ideas (that can be adapted for all theoretical areas) <p>Exam focus – what are examiners looking for?</p> <ul style="list-style-type: none"> - crucial G453 exam technique - rules and tactics - stretch and challenge towards A* - the 20-mark question – more help, ideas & confidence – hitting the criteria
<p>AS & A2 Coursework/Practical - Ken</p> <p>Focus on the essentials:</p> <ul style="list-style-type: none"> - paperwork / off-site activities / DVD evidence – streamlining your efforts and meeting requirements - 'best fit' for organisation and management of practical activities in your centre - Moving on with performing, coaching and officiating <p>Practical Focus – via DVD</p> <ul style="list-style-type: none"> - assessment / marking 'workshop' – accuracy and confidence with AS and A2 practical grades - strategies to improve performance & outcomes - identifying strengths and weaknesses - moderators – what do they want? <p>EPIP (AS) and E & A (A2) :</p> <ul style="list-style-type: none"> - guidance and requirements - help with accurate assessment - standardisation activity/practise - moderation - getting ready and getting it right 	<p>AS Anatomy and Physiology with A2 Exercise Physiology - Graham</p> <p>Central focus – moving on with the physiological units: - a practical approach</p> <ul style="list-style-type: none"> - Energise lessons with engaging/enjoyable activities that capture learners' imagination - Try out and evaluate varied approaches - Encourage thinking skills and enquiring minds - Ideas for teaching the tricky /dull bits - Help with creating stimulating resources - Assessment - as effective support - Applying healthy, balanced lifestyles <p>Exam focus:</p> <ul style="list-style-type: none"> - Strategies to improve performance and confidence in 10 and 20 mark questions - Knowing/ meeting examiners' expectations

- ✓ **A choice of seven intensive high impact courses** (10am - 3.30pm)
- ✓ **Fantastic resource CD** with materials pack for each course
- ✓ **Tutors** who can and really want to help
- ✓ **Great venue**
- ✓ **Delicious Food**
- ✓ **Reductions for multiple, same-centre bookings as follows:**

£210 for one **£400** for two **£550** for three (no VAT)



PEfocus courses are packed with powerful tips, tools and techniques. They are motivating, confidence boosting, carefully focused and enjoyable. We will give you ideas for successful teaching and learning and help you to effectively prepare candidates for their exams.

Booking Form:

Each of our seven one-day courses is at Rugby School, Warwickshire

(excellent road & rail links)

	Tutor	Course code	No of places
Tuesday 3rd July			
OCR AS G451 Theory	Sarah	1	
OCR AS Anatomy and Physiology with A2 Exercise and Sport Physiology	Graham	2	
Wednesday 4th July			
OCR AS Socio-Cultural Studies	Sarah	3	
OCR A2 G453 Theory	Graham	4	
Thursday 5th July			
OCR/AQA AS Acquiring Movement Skills/Skill Acquisition	Emma	5	
OCR A2 Historical Studies	Sarah	6	
OCR AS/A2 Coursework/Practical	Ken	7	

How to book - either:

1. Complete, detach and send this page (or a copy of it) to:
Mrs Kate Carter, PEfocus, Fitzroy House, Fitzroy Road, Fleet, HANTS GU51 4JW
2. **Or go to www.pefocus.com/4/courses and complete our on-line booking form**

Name of delegate 1: Course code:

Name of delegate 2: Course code:

Name of delegate 3: Course code:

School/college:

Address:

.....

..... Postcode:

Your email address:

Phone numbers: (personal): (school):

Official purchase order number: (if required)

*Name of contact in finance office:

*Email address of contact in finance office:

- As soon your booking information arrives we'll email **confirmation** that a place has been reserved to you.
- We'll email **invoice** to finance office (unless otherwise requested) – **payment is due one month** before course.
- Having received payment and approx 10 days before your course we'll email your **joining instructions**.
- Admin/late cancellation fees may need to be charged.

Thank you for your booking!

We look forward to working with you during what we promise will be an enjoyable and productive day